

Regional Electricity Supplier	Peak	Off - Peak	Clock	GMT
Manweb	00:30am - 04:30am 07:30am - 13:00pm 16:00pm - 20:30pm	04:30am - 07:30am 13:00pm - 16:00pm 20:30pm - 00:30am	Clock	
Midlands	05:00am - 13:00pm 16:00pm - 20:00pm 22:00pm - 24:00pm	00:00am - 05:00am 13:00pm - 16:00pm 20:00pm - 22:00pm		GMT
Norweb	05:00am - 13:00pm 16:00pm - 20:00pm 22:00pm - 24:00pm	00:00am - 05:00am 13:00pm - 16:00pm 20:00pm - 22:00pm		GMT
Southern	05:00am - 13:00pm 16:00pm - 20:00pm 22:00pm - 24:00pm	00:00am - 05:00am 13:00pm - 16:00pm 20:00pm - 22:00pm		GMT
South Wales	05:00am - 13:00pm 16:00pm - 20:00pm 22:00pm - 24:00pm	00:00am - 05:00am 13:00pm - 16:00pm 20:00pm - 22:00pm		GMT
South Western	05:00am - 13:00pm 16:00pm - 20:00pm 22:00pm - 24:00pm	00:00am - 05:00am 13:00pm - 16:00pm 20:00pm - 22:00pm		GMT
Yorkshire	05:00am - 13:00pm 16:00pm - 20:00pm 22:00pm - 24:00pm	00:00am - 05:00am 13:00pm - 16:00pm 20:00pm - 22:00pm		GMT
Scottish Power	00:30am - 04:30am 07:30am - 13:00pm 16:00pm - 20:30pm	04:30am - 07:30am 13:00pm - 16:00pm 20:30pm - 00:30am	Clock	
Scottish Hydro	00:30am - 04:30am 07:30am - 13:00pm 16:00pm - 20:30pm	04:30am - 07:30am 13:00pm - 16:00pm 20:30pm - 00:30am	Clock	